

Never underestimate the power of your actions. With one small gesture you can change a person's life, for better or for worse.

If you would like to help cook or serve for **Our Father's Table** in Marlborough please sign up on the bulletin board at the side door of church or call Joan Anderson.

The 19 churches that participate in running Our Father's Table are in need of people who would be willing to supervise the church building on the evenings it is being used. This would involve opening the building, watching over the volunteers and helping where needed, then making sure the building is secure after the meal. This duty would be rotated depending on how many volunteers they can find. Contact Joan if you would like to learn more.

Below are lists of what Outreach is helping with at this time. Anything you can help with is greatly appreciated.

Homeless Needs (Pathways Shelter, Sage House Shelter))

Diapers

Baby food

Laundry soap

Personal hygiene items

Kitchen utensils

Can openers (Dollar store)

Paper plates

Plastic utensils

Bedding and towels

Books, games, small toys & school supplies

Phone cards

Gift Cards (Target, CVS, Wal-Mart, Stop & Shop, etc.)

Non-perishable Groceries for Food Pantry

Coffee and tea

Crackers

Dry milk

Instant potatoes

Jelly

***PARMALAT 1%**

Tuna

Tin foil

Plastic wrap

Laundry detergent

Toothbrushes

Westborough State Hospital

At this time, we accept donations of gently used, clean clothing, small furniture, and other items that the clients would need when moving into their own apartment. This is especially important since Westborough will be closing this year and the patients will need to transition into other living options.